



EcoNugget

REDUCE, Reuse, recycle

Our world is being consumed by waste plastic!

- **REDUCE:** Consider what plastic products you really need. If you don't need it, don't buy or use it. Less will be made and thrown out.
- **Reuse:** Continue to reuse plastic products as much as possible, such as reusable coffee cups, plastic bags of all sorts. These products will still be made, but in smaller amounts.
- **Recycle:** Many people consider recycling to be equivalent to REDUCING and Reusing. **ITS NOT.** Only some plastics can be effectively recycled, and only a **small percentage** of those plastics actually get recycled into new products. Recycling requires lots of energy for the recycling process and transport, and much of the plastic is transported to foreign countries.
- **REFUSE:** This is another "R", REFUSE plastic packaging as much as possible. Consider carefully how and where you shop.

For further information contact:

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