



EcoNugget

Food Waste

It is estimated that 40-50% of all food produced in the world is wasted in a year.

This means:

- Vital food is not consumed.
- Inputs such as fertilizer is wasted.
- More land needs to be cleared to grow more food.
- Food waste contributes to greenhouse gas emissions.

Waste can occur at any point along the food chain. How can you help?

- Consume what you buy.
- Buy food as close to the source as you can, such as Farmers Markets and Community Shared Agricultures.
- Do not insist on "perfect" food.
- See the October 2021 issue of Scientific American: "**More Food, Less Waste.**"

For further information, contact:

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