



EcoNugget

Heat Pumps Efficient and Use Less Energy

Heat pumps use electricity to move heat from one place to another - from outside to inside in the winter and the reverse in the summer – providing year-round comfort very efficiently.

Types of heat pumps:

Air-source – gets heat from outside air,
Ground-Source – gets heat from the ground,
ground water or both.

Benefits of having a heat pump:

Provides heating **and** cooling for your home.
Uses less energy – moves heat, rather than
generating heat.
Produces no GHG emissions compared to natural
gas furnaces, if using clean electricity.

Resources:

<https://reepgreen.ca/home-energy-101/>

For further information contact:

nvecoboosters@gmail.com