



## EcoNugget

### Emergency Preparedness: Are you Ready?

**More frequent and unpredictable weather patterns are occurring due to climate change.** Emergencies can come unexpectedly and without advanced warning.

#### **Make an Emergency Plan that includes:**

- Safe exits from your home and neighbourhood.
- Meeting places to reunite with family or friends.
- Designated person to pick up children should you be unavailable.
- Contact persons close-by and out-of-town.
- Health and insurance information.
- Places for your pet to stay.
- Location of your fire extinguisher, water valve, electrical panel, gas valve and floor drain.
- A ready to go emergency kit. It is important to be self-reliant for at least 3 days immediately after or during an emergency.

**To make your personal emergency plan go to**  
<https://www.getprepared.gc.ca/cnt/plns/mk-pln-en.aspx>

**For more info:** [nvecoboosters@gmail.com](mailto:nvecoboosters@gmail.com)