



EcoNugget

Winter Seed Sowing

- **Help strengthen** the natural environment by adding native plants to your property;
- **It's a natural** and inexpensive way to germinate seeds that is extremely easy;
- **Home gardeners** are simply copying nature's way of growing plants;
- **No complicated set up** is required, so it's suitable for all ages;
- **Gardeners** germinate seeds outdoors themselves;
- **Be part of** the pollinator friendly community by providing native food sources;

Excellent articles will help you get started:

- from Royal Botanical Gardens:
<https://www.rbq.ca/winter-sowing-part-one/>
- Jean McRight from Blooming Boulevards:
<https://www.bloomingboulevards.org/post/winter-sowing-native-plants-in-your-garden>

For further information contact:

nvecoboosters@gmail.com