



Hope Matters Webinar Resources

[Dr. Elin Kelsey's website](#)

Books

[Good News For A Change](#) – David Suzuki, Holly Dressel

[Hope Matters: Why Changing the Way We Think Is Critical to Solving the Environmental Crisis](#) – Elin Kelsey

[How to Be Hopeful: Empowering Practices to Overcome Despair and Act for Climate Justice](#) - Elin Kelsey

[Braiding Sweetgrass](#) - Robin Wall Kimmerer

[The Serviceberry](#) – Robin Wall Kimmerer

[Active Hope](#) – Joanna Macy

[It's Not That Radical](#) – Mikaela Loach

Newsletters

[Talking Climate With Katharine Hayhoe](#)

[Living Green – David Suzuki Foundation](#)

[David Suzuki Foundation Email List](#) – Includes a good news section

Articles

[Reducing Eco-Anxiety](#)

[Tips for how to cope with climate anxiety](#)

[Got Eco-Anxiety? This Activist Is Showing Us How to Keep Hope Alive](#)

Volunteer and build connections with local Environmental Groups

[Nith Valley Eco Boosters](#)

[Wellington Water Watchers](#)

[Youth in Food Systems](#)

[Reep Green WR](#)

[WR Ground Up](#)