



Shaping Engaged, Resilient and Liveable Communities Tuesday October 4, 2022

Nith Valley EcoBoosters:

nvecoboosters@gmail.com

<http://nvecoboosters.com> (**Event recording** can be found on the NVEB YouTube channel)

www.facebook.com/Nith-Valley-EcoBoosters

<https://www.instagram.com/nvecoboosters>

Resources

(1) Email addresses for Event Panelists:

Kevin Eby – kevineby@rogers.com **What is a livable community?** Former member of Ontario Greenbelt Council, former Director of Community Planning, Region of Waterloo.

Tim Van Hinte – tvanhinte@wellesley.ca **The municipal planning process, becoming engaged and providing input.** Director of Planning, Township of Wellesley.

Suzanne Karajaberlian – suzannek@environmentaldefence.ca **People power – How your voice can make a difference** Managing Director, Engagement & Operations, Environmental Defence Canada.

Kevin Thomason – kevinthomason@mac.com **How to create a movement and rally your community** Director, Smart Growth Waterloo Region, Vice-Chair Grand River Environmental Network.

(2) Websites to Help Enlighten, Educate & Take Action:

Recommended by Tim Van Hinte

- <https://www.ontario.ca/document/citizens-guide-land-use-planning>
- <https://www.kitchener.ca/en/development-and-construction/land-use-planning-and-development-videos.aspx>

Recommended by Suzanne Karajaberlian

- Meeting your MPP written tips: <https://yourstoprotect.ca/engage-your-mpp/>
- Meeting with your representative video: <https://www.youtube.com/watch?v=JC1-QcNIRDc>
- Calling Your Representative: <https://www.youtube.com/watch?v=XpO4lo1mDHU>
- Digital Tools Guide (not specifically democratic engagement, but tools will be useful): <https://yourstoprotect.ca/wp-content/uploads/sites/3/2022/02/Yours-to-Protect-Digital-Tools-Guide.pdf>
- Success Tips from Stop Sprawl Ham Ont on Local Organizing: <https://www.youtube.com/watch?v=ZkmTJivFA7A>

Taking Action to show solidarity with Indigenous members of our community

After reading a land acknowledgment statement at the beginning of our webinar, we mentioned that there are many ways we can all take action to show solidarity with Indigenous members of our community. For those of us who live in Waterloo Region, one way to help would be to support the following agencies:

- **The Indigenous Food Sovereignty Collective Waterloo Region** works to restore land and build community. <https://indigenousfoodsovereigntycollectivewaterlooregion.community/> They are in need of hunting, fishing and preserving items that can be used to teach those skills to Indigenous youth. They also need help with preparing meals for Indigenous families in the community.
- **The Healing of the Seven Generations** supports people who are suffering from the intergenerational effects of the residential school system in Waterloo Region and surrounding areas. <https://healingofthesevengenerations.ca/> They need items for the Birthday Gift Program for ages 1 -13 and for their food program – anyone who is hungry can get food.
- **The Wilmot Family Resource Centre (WFRC)** provides programs, services, and supports in Wilmot and Wellesley Townships. The WFRC has hired an Indigenous Elder who will be available to support Indigenous clients. <https://wilmotfamilyresourcecentre.wordpress.com/> Financial donations to support this initiative are welcome.