



## Let's Talk: Sustainable Investing 101 Wednesday, December 7, 2022

### **Nith Valley EcoBoosters:**

nvecoboosters@gmail.com

<http://nvecoboosters.com> (**Event recording** can be found on the NVEB YouTube channel)

[www.facebook.com/Nith-Valley-EcoBoosters](http://www.facebook.com/Nith-Valley-EcoBoosters)

<https://www.instagram.com/nvecoboosters>

## **Resources**

### **Speaker's Information**

Tim Nash – E: [tim@goodinvesting.com](mailto:tim@goodinvesting.com) W: <https://www.goodinvesting.com/>

Founder of Good Investing, a fee-only financial planning firm that teaches ordinary people how to invest their own money online in sustainable investment funds.

### **Websites and other sources of information**

- General finance/investing terminology and concepts: [Investopedia: Sharper insight, better investing](#)
- Overview of Sustainable Investing: [What Is Sustainable Investing? | HBS Online](#)
- Introduction to Responsible Investing: <https://www.riacanada.ca/responsible-investment/>
- Podcast on Responsible Investing hosted by Tim Nash: [Responsible Investing | Podcasts | The Star](#)
- Podcast on Impact Investing hosted by David O'Leary: <https://www.davidoleary.ca/the-impact-investing-podcast>
- Book on Impact Investing that provides examples of projects all over the world [Impact: Reshaping capitalism to drive real change by Ronald Cohen | Goodreads](#)
- Article on Greenwashing in Sustainable Investments: [The rising popularity of sustainable investing — and the controversies surrounding it | CBC News](#)
- Book by Bob Willard: [The New Sustainability Advantage – Seven Business Case Benefits of a Triple Bottom Line](#)
- Recommended sources for ESG ratings – Sustainalytics <https://www.sustainalytics.com/esg-ratings> (ESG risk rating within their industry group, does not consider the product that the company is selling, instead looks at company's reporting, disclosure, policies and performance) and MSCI <https://www.msci.com/our-solutions/esg-investing/esg-ratings-climate-search-tool> (ESG rating compared to industry peers, shows rating history and which areas the company is leading, average or lagging compared to others)

## Taking Action to show solidarity with Indigenous members of our community

After reading a land acknowledgment statement at the beginning of our webinar, we mentioned that there are many ways we can all take action to show solidarity with Indigenous members of our community. For those of us who live in Waterloo Region, one way to help would be to support the following agencies:

- **The Indigenous Food Sovereignty Collective Waterloo Region** works to restore land and build community.  
<https://indigenousfoodsovereigntycollectivewaterlooregion.community/> They are in need of hunting, fishing and preserving items that can be used to teach those skills to Indigenous youth. They also need help with preparing meals for Indigenous families in the community.
- **The Healing of the Seven Generations** supports people who are suffering from the intergenerational effects of the residential school system in Waterloo Region and surrounding areas. <https://healingofthesevengenerations.ca/> They need items for the Birthday Gift Program for ages 1 -13 and for their food program – anyone who is hungry can get food.
- **The Wilmot Family Resource Centre (WFRC)** provides programs, services, and supports in Wilmot and Wellesley Townships. The WFRC has hired an Indigenous Elder who will be available to support Indigenous clients.  
<https://wilmotfamilyresourcecentre.wordpress.com/> Financial donations to support this initiative are welcome.